


Fast Facts: Idling & your health, your environment



Idling is the act of running a vehicle's engine when the vehicle is not in motion. It mainly occurs in schools, parking lots, drive thrus, and many more areas across the city.

Vehicles emit 50% of nitrogen dioxide (NO₂)

NO₂ increases the risk of developing asthma and has been linked to 1/3 of deaths from stroke, lung cancer and heart disease.




15,300 mortalities each year

Air pollution is responsible for 15,300 premature deaths annually in Canada, with 500 of those taking place in Ottawa.

We are all at risk

Air pollution may trigger asthma attacks and cause respiratory and cardiovascular diseases. Children, older adults, and people with pre-existing conditions are disproportionately affected.




Small actions, big impact

If drivers reduced idling by 3 minutes a day, we would collectively reduce 1.4 million tonnes of carbon dioxide (CO₂) emissions – equivalent to taking 320,000 cars off the road each year!

It's time to take action!

Take action to make our air clean and safe for our health and the environment. You are in the driver's seat – it's up to you stop idling and make a difference!



Glebe Community Association-
Environment Committee



United Nations Association in
Canada, Generation SDG- SDG
Ambassador