

Saturday February 24 • 9:30 – 11:30 am

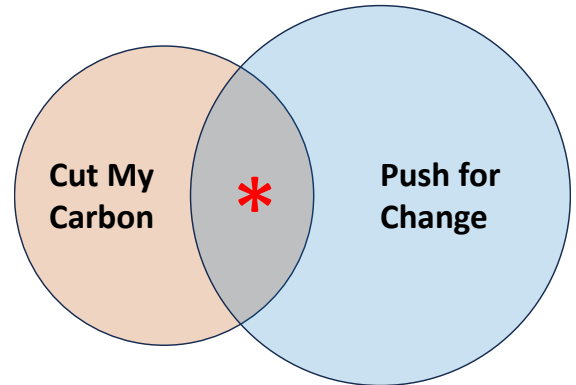
Glebe Community Centre, 175 Third Ave, Ottawa

Reducing Your Carbon Footprint

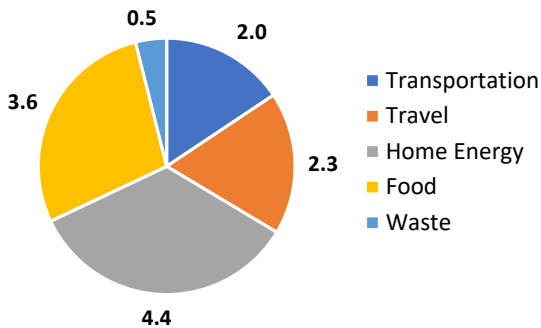
Carbon Literacy Challenge –

Your carbon footprint provides the best indicator of your impact on climate change. It is the result of choices we make and choices made by others who we depend on for energy, transportation, food and other stuff we need. The more you know about it – your carbon literacy - the more you are able to make better choices and advocate for effective change.

* Carbon Literacy

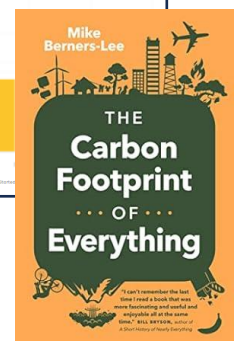


Average 2-Person Household Emissions (metric tons CO₂)



A carbon footprint is measured by the amount of greenhouse gases that an activity or thing adds to the atmosphere, expressed as an equivalent amount of carbon dioxide. Carbon dioxide is the main cause of climate change. Your carbon footprint includes both the greenhouse gases that you create directly, for example from gasoline used in your car and natural gas used to heat your house, and the emissions of greenhouse gases “embedded” in the services you use, the food you eat, and other stuff you buy.

The **Carbon Literacy Challenge** will help build your intuition for how everyday choices affect your carbon footprint. First, you will estimate the total footprint for your household, using an online tool created for neighborhoods in Toronto. Second, you will explore the effect of day-to-day choices using statistics compiled in the book, *The Carbon Footprint of Everything*. The aim is help you to identify the most effective actions you can take to reduce your impact on climate change.



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EnviroCentre's - Steps to Living Lightly

This workshop provides practical tips to reducing your environmental impact. Whether you are just starting out, or a lifelong friend of the Earth, you will leave inspired and ready to take the next step!

1. Know your impact
2. Be aware of the choices you make
3. Drive less
4. Buy less
5. Shop more consciously
6. Eat less meat and off-season produce
7. Consider your home...inside and out!
8. Use only the energy you need
9. Reduce, Reuse, Recycle
10. Focus on changes that fit your lifestyle

Over 40 percent of green house gases that cause climate change can be traced back to choices individuals make everyday.

Your decisions matter!



It can sometimes be overwhelming to look at Climate Change and your role in causing it...or helping to solve it. By learning about simple and convenient ways to make small adjustments to your lifestyle, you really can make an enormous difference to your community, and beyond!

Together, humans have caused a great amount of harm to our world...it's time we step up and use that collective superpower for good!



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